ASTRIDE STUDIO

Printable Worksheets

Free companion worksheets for *From Bare Space to First Harvest*, Kindle edition

These 12 pages are a free bonus to go with the book. You can print them as often as you like for your own garden. You do not need them to follow the book; a plain notebook works just as well.

Print single-sided on US Letter. On A4, choose “fit to page.” They are designed in black and green with plenty of white space, so they print well in color or grayscale. Punch holes and keep them in a binder if you wish, and print extra copies of the logs and trackers.

THE 12 WORKSHEETS

1. My Garden at a Glance
2. Sun Map
3. Garden Layout Grid: Raised Beds
4. Garden Layout Grid: Containers and Balcony
5. Container Planner
6. Planting Log
7. Watering and Feeding Tracker
8. Harvest Log
9. Seasonal Checklist
10. Seed Inventory
11. Pest and Problem Log
12. End-of-Season Review

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My Garden at a Glance

Fill this in once and keep it at the front of your binder.

Location / town	
Hemisphere	☐ Northern ☐ Southern
Climate type (Chapter 5)	☐ Cold winter ☐ Mediterranean ☐ Subtropical ☐ Hot-dry
USDA hardiness zone (US) or local region	
Average last spring frost	
Average first fall frost	
Frost-free days (season length)	
Main growing space	☐ Balcony ☐ Patio ☐ Small yard ☐ Plot
Facing direction	
Weight limit / building rules	
Nearest water source	
Local nursery / seed supplier	
Local advice service / extension	

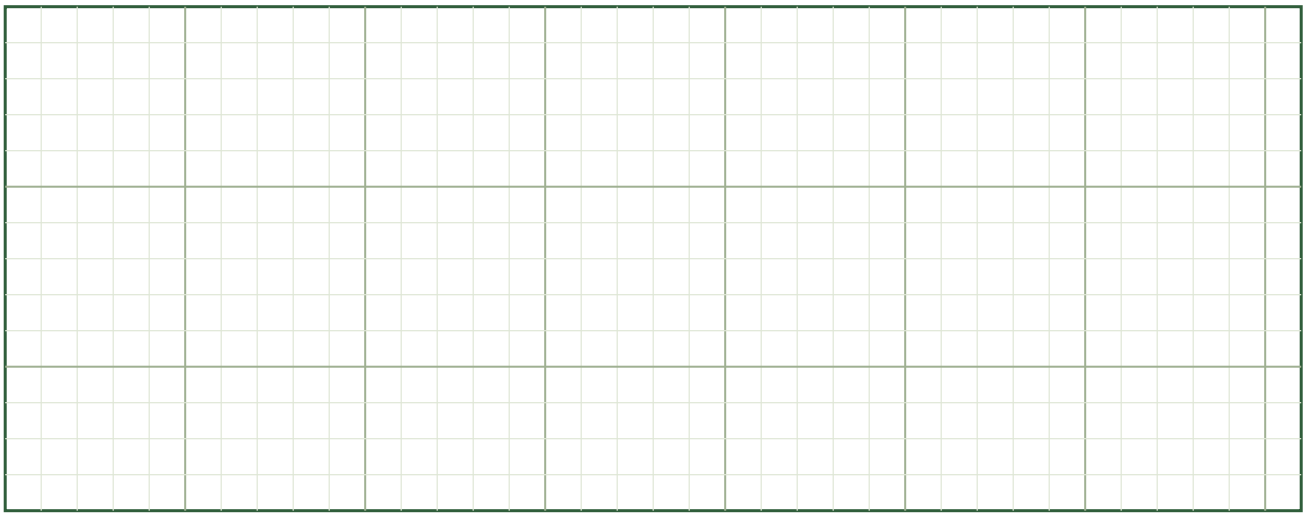
My growing spots

Spot	Hours of direct sun (summer)	Hours (winter)	Wind / notes	Best for

This season's goals

Sun Map

Sketch your space in the grid (house walls, railings, trees, beds and pots), mark north, then record sun and shade through one clear day: S = direct sun, P = partial or dappled, X = shade. Repeat each season.



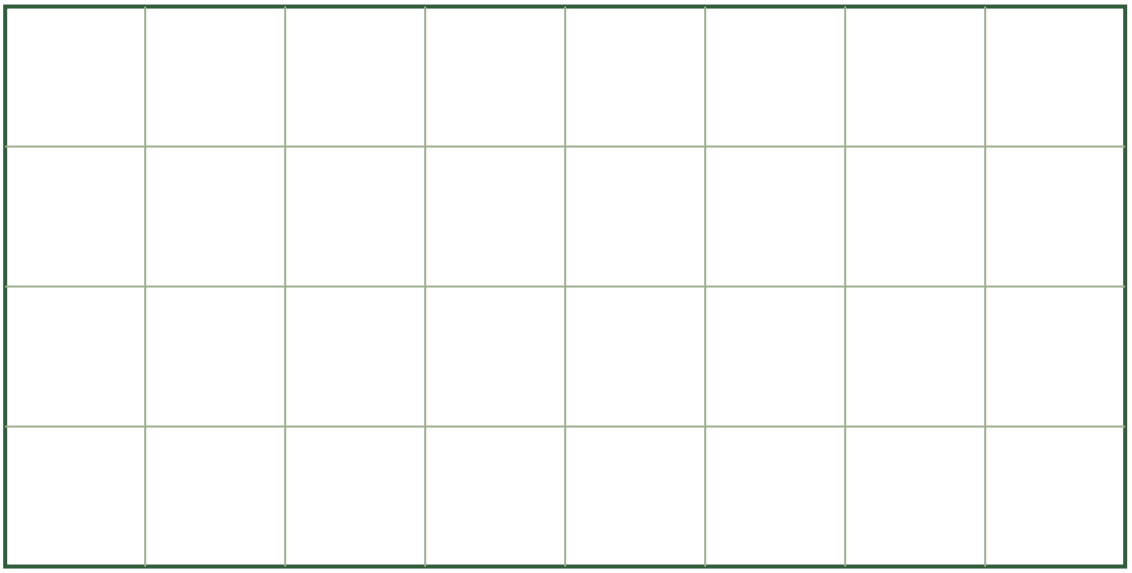
Each small square = _____ cm / in. North arrow: ↑ Date: _____ Weather: _____

Time	Spot A: _____	Spot B: _____	Spot C: _____	Spot D: _____
7–8 am				
9 am				
10 am				
11 am				
12 noon				
1 pm				
2 pm				
3 pm				
4 pm				
5 pm				
6 pm				
Total hours				

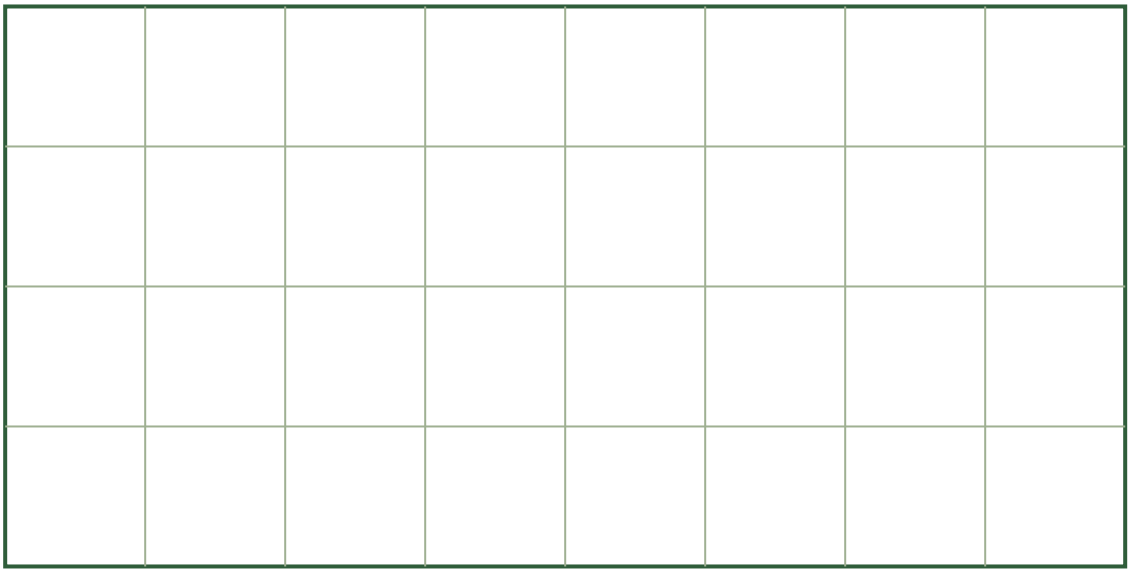
Garden Layout Grid: Raised Beds

Each square = 1 × 1 ft (30 × 30 cm). Write the crop and number of plants in each square; note the follow-on crop in the corner. Mark the sun side. For a 4 × 4 bed use half the grid.

Bed 1 (4 × 8 ft / 120 × 240 cm) Season: _____ Year: _____



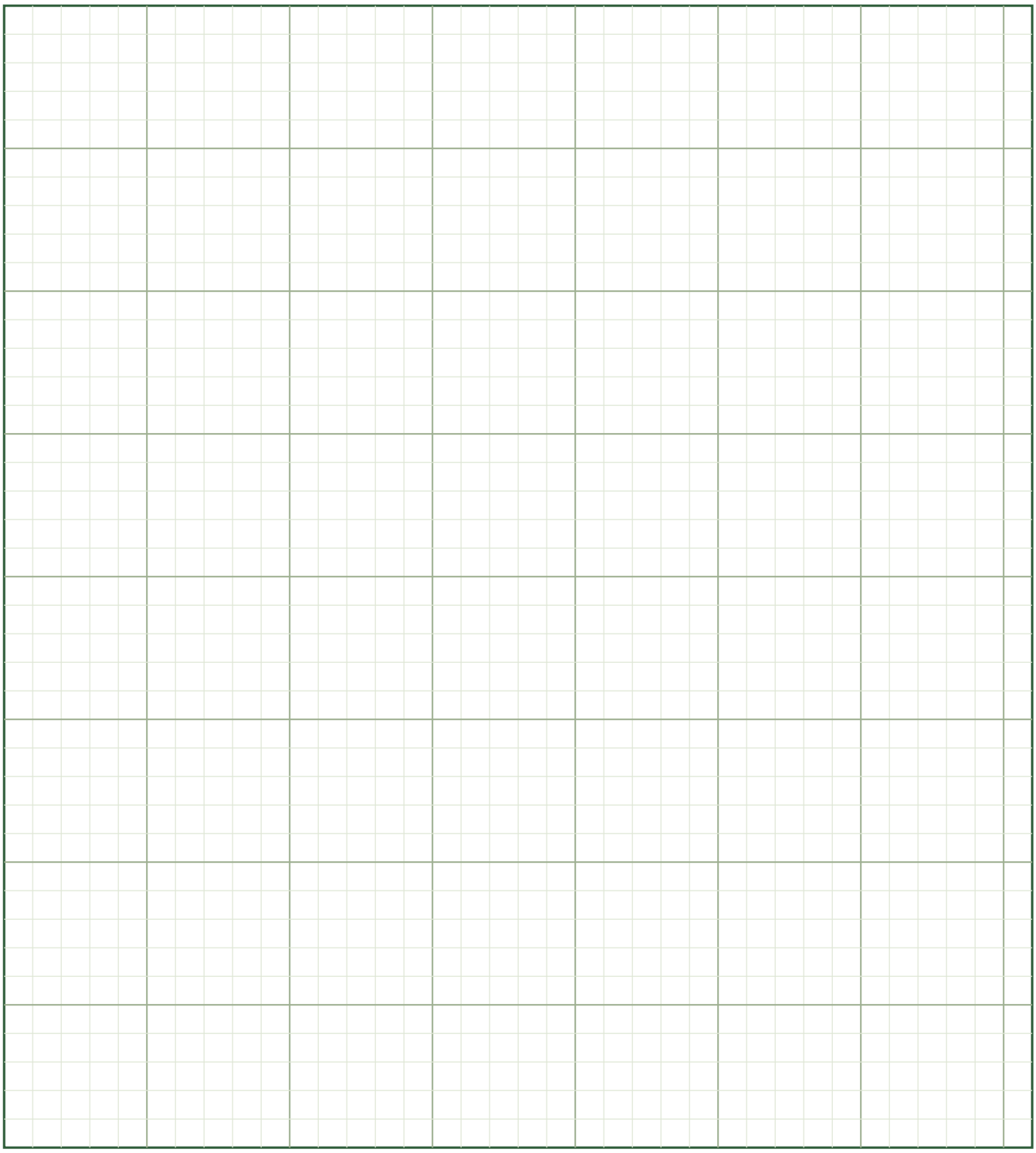
Bed 2 (4 × 8 ft / 120 × 240 cm) Season: _____ Year: _____



Plants per square (Chapter 7): 1 tomato, pepper, kale • 2 cucumber (trellised) • 4 lettuce, chard, basil, marigold • 8 peas, climbing beans • 9 spinach, bush beans, beets • 16 radish, carrots, green onions.

Garden Layout Grid: Containers and Balcony

Draw your balcony, patio or yard to scale and place pots, troughs and beds. Use one small square per 6 in (15 cm), or your own scale.



Scale: 1 square = _____ Mark: walls • railing • faucet • north • heavy-pot zone

Container Planner

One line per container. Use it to plan sizes before shopping and to track mix refreshes.

#	Container type	Size (L / gal)	Crop and variety	Planted	Mix / feed used	Next crop	Notes

Planting Log

Record every sowing and planting. Next year this is your best planning tool.

Date	Crop	Variety	Seed / plant	Where (bed, square, pot)	Qty	Sprouted / date	Notes

Watering and Feeding Tracker

Month: _____ Year: _____ Tick or write what you did. Use the “Rain” column for rainfall or temperature notes.

Day	Watered: beds	Watered: pots	Reservoirs topped	Fed (what / which)	Rain / temp	Notes (wilting, pests, etc.)
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
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25						
26						
27						
28						
29						
30						
31						

Harvest Log

Weigh or count what you pick. Totals at the end of the season show which crops earned their space.

Date	Crop	Variety	Amount (count / g / lb)	Quality 1–5	Notes (taste, size, problems)

Season total by crop: _____

Seasonal Checklist

Tick off tasks as you go. Northern Hemisphere months first, Southern Hemisphere in brackets; adjust to your frost dates.

Late winter – early spring (Feb–Mar) [Aug–Sep]

- [ ] Check frost dates; fill in “My Garden at a Glance”
- [ ] Order seeds; check old seed with a germination test
- [ ] Clean pots, trays and tools
- [ ] Build or repair beds; order mix and compost
- [ ] Start peppers and tomatoes indoors
- [ ] Sow peas, spinach, radish outdoors when soil allows
- [ ] Top-dress beds with compost

Late spring (Apr–May) [Oct–Nov]

- [ ] Harden off seedlings for 7–10 days
- [ ] Plant out after last frost; nights above 50 °F (10 °C)
- [ ] Install stakes, cages, trellises
- [ ] Sow beans, cucumbers, zucchini
- [ ] Mulch beds and big pots
- [ ] Set up drip or self-watering
- [ ] Start the Planting Log

Summer (Jun–Aug) [Dec–Feb]

- [ ] Water deeply; check pots daily
- [ ] Liquid feed containers every 1–2 weeks
- [ ] Tie in and prune tomatoes
- [ ] Pick beans, zucchini, cucumbers often
- [ ] Shade cloth ready for heatwaves
- [ ] Check for pests twice a week
- [ ] Sow fall carrots, beets, kale
- [ ] Plan vacation watering

Fall – early winter (Sep–Dec) [Mar–Jun]

- [ ] Sow fast salads, spinach, Asian greens
- [ ] Plant garlic cloves
- [ ] Row cover or cold frame ready for frost
- [ ] Ripen last green tomatoes indoors
- [ ] Clear spent crops; throw away diseased plants
- [ ] Compost and mulch empty beds or sow a cover crop
- [ ] Refresh or store containers
- [ ] Complete the End-of-Season Review

Seed Inventory

Keep seed cool, dark and dry. Note germination test results so you know how thickly to sow.

Crop	Variety	Source	Year packed	Qty left	Germ. test (x/10)	Sow by	Notes

Pest and Problem Log

Note what you saw, what you did and whether it worked. Patterns appear quickly.

Date	Crop / spot	What I saw	Likely cause	Action taken	Result

End-of-Season Review

Ten minutes now saves a season of guesswork next year.

What grew best?

What struggled, and why?

What did we eat most?

What went to waste?

Crops to grow again / drop / try new

Grow again (and how much)	Drop	Try new

Changes for next season (spot, timing, pot size, varieties, watering)

First frost this year: _____ Last frost this year: _____ Best harvest week: _____